Course Title: Fundamentals of Public Speaking

Course Description:
Does speaking in front of a group seem challenging? Must you be able to effectively express yourself in a group meeting? If your answer is yes, this class is for you! In a comfortable, supportive and fun learning environment, learn how to speak well without the stress. Learn how to use verbal and non-verbal skills to make your points clearly and effectively. You will gain and practice skills to build confidence through competence!

Course Objectives:
1. Speak well without stress.
2. Use verbal and non-verbal skills to make your points clearly and effectively.
3. Display skills to build confidence through competence.

Textbook(s): N/A

Lesson Plan – by week or session
Session 1: Introductions and syllabus. Student Data Forms.
   Identify stressors of public speaking
Session 2: Practice verbal and non-verbal skills.
   Practice speaking in front of group.
Session 3: Practice speaking in front of group
   Student Evaluation of Instruction