Course Title: Long Term Care Activity Director I

Course Description: Obtain the skills and knowledge needed to work in long term care as an Activity Director. Topics include regulations, communications, advocacy, ethics, service delivery and volunteer management.

Course Prerequisite(s):

Course Objectives:
1. Discuss the history and regulatory requirements for recreation activity services in long term care settings
2. Apply principles of communication, advocacy and ethics to recreation activity service delivery and volunteer management
3. Demonstrate knowledge of life span development
4. Demonstrate proper assessment of client needs

Textbook(s):

Lesson Plan – by week or session
Unit 1 Activity Service Practice Settings
Unit 2 Gerontology and the Behavioral Sciences
Unit 3 Governmental and Social Systems
Long Term Care and Quality of Life
Unit 3 Government and Social Systems
Federal and State Regulations
Unit 3 Governmental and Social Systems
History of the Activity Profession
Unit 4 Role of the Activity Professional
Professional Framework: Philosophy
Unit 4 Role of the Activity Professional
Program Development/Job Duties
Unit 4 Role of the Activity Professional
Approach to Care: Activity Assessment
Unit 5 The Adult Client Population
Chronic Impairment and Disease
Unit 5 The Adult Client Population
Alzheimer’s Disease and Dementia
Unit 6 Professional Approach to Care
MDS/Care Planning
Unit 6 Professional Approach to Care
Care Planning/Reviews
Unit 7 Activity Service: Design, Development
Service Delivery and Leadership
Unit 7 Activity Service: Evaluation
Population Assessment
Review and Final Exam and Paper

6/13/2012