Course Title: Introduction to Mediation

Course Description:
Understand the various distinct styles of mediation. Learn about the mediation process. Explore the different arenas of mediation. Discover what mediation style is right for you.

Course Objectives:
1. Understand the various distinct styles of mediation.
2. Learn about the mediation process.
3. Explore the different arenas of mediation.
4. Discover what mediation style is appropriate.

Lesson Plan – by week or session
Session 1: Styles of Mediation
Session 2: Mediation Process
Session 3: Apply different arenas of Mediation
Session 4: Discover what Mediation process is best for you.